

COACHING MINOR

Minor Requirements

20 credits¹

Code	Title	Credits
HHPA 184	PREVENTION AND CARE OF ATHLETIC INJURIES	3
HHPA 270	CORE CONCEPTS OF HEALTH & HUMAN PERFORM	4
HHPA 284	FIRST AID & CPR I	2
HHPA 355	PRINCIPLES AND THEORY OF COACHING	4
HHPA 486	PRACTICUM ((2 credits min.)	2
or HHPA 487	INTERNSHIP	
Select one coaching theory course of the following:		1-2
HHPA 310	FOOTBALL COACHING THEORY	
HHPA 315	BASKETBALL COACHING THEORY	
HHPA 320	TRACK & FIELD COACHING THEORY	
HHPA 335	SOFTBALL COACHING THEORY	
HHPA 336	VOLLEYBALL COACHING THEORY	
HHPA 340	SOCCER COACHING THEORY	
HHPA 345	BASEBALL COACHING THEORY	
Or an independent study in a sport not listed (minimum 2 credits)		
Select a minimum of 3 elective credits of the following:		3
HHPA 100	DRUG USE IN THE UNITED STATES	
HHPA 112	INTRODUCTION TO HUMAN BIOLOGY	
HHPA 210	AQUATIC TRAINING & CONDITIONING FOR EXERCISE & FITNESS SPECIALISTS	
HHPA 230	STRESS MANAGEMENT	
HHPA 280	NUTRITION	
HHPA 287	FOUNDATIONS OF LEADERSHIP IN PHYSICAL ACTIVITY	
HHPA 288	PHYSICAL ACTIVITY FOR CHILDREN AND YOUTH	
HHPA 350	PSYCHOLOGICAL ASPECTS OF SPORT AND PHYSICAL ACTIVITY	
HHPA 390	ORGANIZATION AND ADMINISTRATION OF PHYSICAL EDUCATION	
HHPA 410	GENDER ISSUES IN EDUCATION & SPORT	
HHPA 425	SPORT IN AMERICAN SOCIETY	
HHPA 455	ADAPTED PHYSICAL EDUCATION	
HHPA 465	MENTAL AND SOCIAL VARIABLES IN SPORT & PERFORMANCE	
Or may take an additional coaching theory course of the following:		
HHPA 310	FOOTBALL COACHING THEORY	
HHPA 315	BASKETBALL COACHING THEORY	
HHPA 320	TRACK & FIELD COACHING THEORY	
HHPA 335	SOFTBALL COACHING THEORY	
HHPA 336	VOLLEYBALL COACHING THEORY	
HHPA 340	SOCCER COACHING THEORY	
HHPA 345	BASEBALL COACHING THEORY	
Other elective courses ²		

Total Credits

19-20

¹ Students majoring in Exercise Science or Public Health do not take HHPA 270. Instead, they are required to take seven elective credits.

² With pre-approval of advisor and HHPA Department Chair.

A grade of C- or better is required in all courses applied toward a coaching minor.